

Experience Transformational Breathing

With Daniel Aaron

March 9th and 10th, 10 am - 1 pm

- ELIMINATE RESTRICTIVE BREATHING PATTERNS

Learn to breathe more openly & efficiently. Be in the flow of Life

- CLEAR THE SUBCONSCIOUS

Breathing transforms negative thought patterns & trauma, allowing for more expression of Love & Joy.

- CONNECT MORE FULLY WITH YOUR HIGHER SELF

Access higher levels of awareness. Express from the Soul level.

- GLEAN THE BENEFITS OF A FULL, DEEP, CONNECTED BREATH

Relieve Stress, Heal relationships. Heal yourself -- Physically, Mentally, Emotionally, Spiritually.



Daniel Aaron, founder of www.RadiantlyAlive.com, has devoted his life to the art of vibrant living. Awareness of our incredible potential for happiness, and that we are naturally encoded with everything we need to realize it, has led him on amazing personal and professional explorations in the fields of health and consciousness. From yoga with the modern masters, to world travel with enlightened teachers, to radical nutrition and cleansing, this zest for life has resulted in a treasure chest of gems. Daniel trained directly with Transformational Breathing founder Judith Kravitz in 1996. Since then he's guided thousands of people to fuller breath and fuller lives.

Price Rp.250,000 | Optional Raw food lunch Rp.100,000



GAIA RETREAT CENTER

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Please register by contacting info@villagaiabali.com

For more events visit: www.radiantlyalive.com



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