

YOGA



radiantly
alive
at Taksu

Partner and Acro Yoga Workshop



When we follow our heart, we will connect with another heart. Partner and Acro Yoga is a beautiful practice, a different way to experience the many gifts of yoga. Acro yoga is an inspirational practice of giving and receiving, a practice where you are inspired and where you inspire others, a practice of trust and kindness while learning to embrace the unknown, as we face in life. Release fears, increase flexibility physically and mentally and all this with a big smile!

No partner or acrobatic experience needed

Saturday, February 20th, 2011

1pm – 4pm

Rooftop, Taksu Restaurant

Rp 250.000 per person

Reservations recommended

Call (0361) 971 490 or e-mail: reservations@taksuspa.com



Taksu
Spa & Restaurant

Jln. Goutama Selatan, Ubud
For reservations call (0361) 971 490
or e-mail reservations@taksuspa.com